

New Forest Small School

PSHE POLICY



Member of Staff Responsible	Headteacher
Approved by	Lead Proprietor
Regularity of Review	Biannual
Last reviewed	May 2025

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1. Aims

At The New Forest Small School, our aims for Personal, Social, Health and Economic Education (PSHE) are to provide a well-rounded curriculum that equips all students with the knowledge, skills, and understanding to lead healthy, safe, and fulfilling lives. We aim to foster resilience and emotional intelligence.

Our PSHE curriculum is designed to:

- **Promote Wellbeing:** Encourage students to develop tools for mental and emotional wellbeing, enabling them to understand and manage their feelings and behaviours.
- **Cultivate Resilience:** Equip students with coping strategies and problem-solving skills to deal with challenges and setbacks effectively.
- **Build Relationships:** Foster meaningful relationships based on respect, tolerance, and empathy among peers, families, and within the community.
- **Prepare for Life:** Provide students with the understanding of the world around them, including financial literacy, citizenship, British Values, and the importance of community involvement.
- **Encourage Active Participation:** Motivate students to express their opinions and take an active role in their own learning, as well as contributing to the welfare of others and society.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- In our primary provision - We must teach relationships education under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
- We must teach health education under the same statutory guidance.
- In our Secondary provision - We must teach relationships and sex education (RSE) under the Children and Social Work Act 2017, in line with the terms set out in statutory guidance
- We must teach health education under the same statutory guidance.

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. This policy is available on our website.

For other aspects of PSHE, including health education, see the attached curriculum map for more details about what we teach in each class/Key Stage.

3.2 How we teach it

PSHE is generally taught in one hour sessions, once a week in each class. Subject teachers will deliver PSHE. Each class has a specific teacher responsible for the delivery of PSHE.

Occasionally there will be relevant outside speakers who, when appropriate, will come into the school during the PSHE session to deliver a targeted workshop or session to a class.

All pupils are expected to join in with PSHE. Students will be asked annually if there are any topics they would like to cover in PSHE and if the request is reasonable then teachers will make sure that these are covered. There is also a PSHE letter box situated in the Wellness Room upstairs year round where students can post any questions or requests to be covered in PSHE. The delivery of PSHE is surveyed amongst the students biannually where they can give feedback and suggestions.

When a controversial or sensitive topic will be covered, parents and students will be forewarned via email of the topic. The teacher will remind students they can take a break from the classroom if needed when a potential trigger is discussed and explored. Teachers will not allow their personal opinions to skewer their delivery of controversial topics. Using approved resources and materials they will deliver the topic in a balanced way, ensuring to keep to the ethos of teaching respect, acceptance, and emotional literacy. If a student asks a question that the teacher feels they cannot answer without inserting their own opinion or that they do not feel comfortable to answer, they will point the student in the direction of another teacher. In any case where it is not appropriate or age appropriate for the teacher to answer the question they will tell the student as such.

All teachers will be guided by what the government deems as appropriate material per age.

PSHE will be monitored on the grade sheet. Numerical grades and traditional assessment are not relevant; instead PSHE will be colour coded in terms of engagement and attainment. Students will receive verbal and sometimes written feedback on tasks in class.

RED - Student did not engage or participate in the lesson/topic

ORANGE - Student did participate but did not show good understanding

GREEN - Student engaged and showed understanding, assessed through a feedback task

PURPLE - Student showed excellent engagement and produced an excellent piece of work during a feedback task

PSHE will be included on reports sent annually to parents and progress and attainment in PSHE will be reported during parent's evenings.

4. Roles and responsibilities

4.1 The Advisory Board

The advisory board will hold the headteacher to account for the implementation of this policy.

The advisory board has delegated the approval of this policy to Greta Alp (Lead Proprietor).

4.2 The Headteacher

The Headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

Greta Alp is responsible for the delivery of PSHE in Classes 4 and 5.

Alex James is responsible for the delivery of PSHE in Classes 2 and 3.

Mike Melrose is responsible for the delivery of PSHE in Class 1.

Karolina Hudson is responsible for the delivery of PSHE in the Kindergarten.

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by Alex James (Headteacher) and Greta Alp (Lead Proprietor) through: annual updates to PSHE policy, learning walks, and biannual scrutiny of progression sheets and workbooks.

This policy will be reviewed by Alex James (Headteacher) annually. At every review, the policy will be approved by the Lead Proprietor - Greta Alp.

6. Links with other policies

This policy links to the following policies and procedures:

RSE Policy

Safeguarding Policy

Careers Policy